

Patient Preparation

To ALL our Patients:

- If you have had previous studies (X-ray, Ultrasound, MRI, CT, PET) of the area we are doing please bring them with you.
- With all exams please take all medication prescribed to you, unless instructed by your doctor.
- Leave jewelry and watches at home (Including piercings).
- Wear comfortable clothing.
- Please let staff know if you are pregnant or breast feeding.

MRI/MRA

- NO FOOD at least 4 hours prior to your exam, except water (MRI-abdominal only).
- If you have a pacemaker, artificial heart valve, brain aneurysm clips, or any other metal in your body, please contact our office prior to our appointment.

CT (with IV contrast)

- NO FOOD at least 4 hours prior to your exam, except water.
- If you are diabetic, allergic to shellfish, or have a history of kidney disorder please contact our office prior to our exam.

CTA Cardiac Cardiac PET

- NO CAFFEINE PRODUCTS (coffee, tea, chocolate or Coca-Cola) 24 hrs prior to study
- NO ALCOHOL 24 hours prior to study.
- NO FOOD at least 4 hours prior to your exam, except water.

CT Coronary Calcium

- NO CAFFEINE PRODUCTS (coffee, tea, chocolate or Coca-Cola) 24 hrs prior to study

CT Virtual Colonoscopy

- CONTACT OFFICE FOR INSTRUCTIONS (3) DAYS PRIOR TO EXAM 310.623.1150 (PREP KIT REQUIRED)

PET

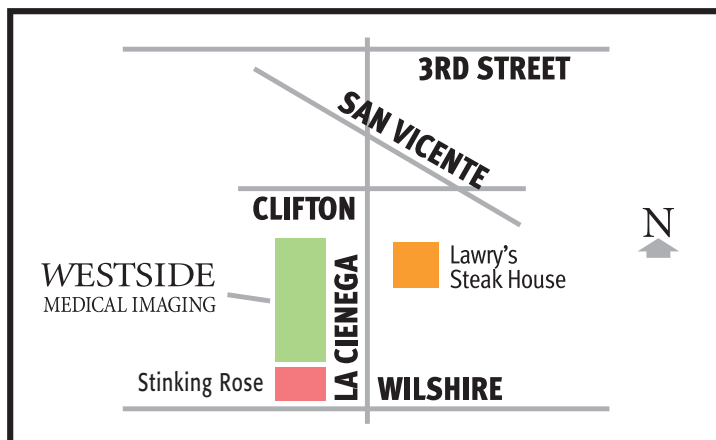
- NO FOOD at least 6 hours prior to your exam, except plenty of water.
- If you are Diabetic please call our office 310.623.1150
- AVOID strenuous exercise for 24 hours prior to your exam.
- Eat a low carbohydrate diet the day before your exam.

Ultrasound (abdominal)

- NO FOOD at least 6 hours prior to your exam, except water.

Ultrasound (pelvic)

- Drink 32 oz water 1 hour prior to your exam. DO NOT VOID.



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